### **About Earn-A-Bike**

We aim to provide a safe place for middle school students to develop social skills that encourage healthy decision making and build selfesteem. Participants will learn the technical skills needed to refurbish a bike as well as safety protocols necessary to ride a bike on the road.



### **Program Objectives**

The goal of the Earn-A-Bike program is for participants to work together building social skills while increasing their mechanical knowledge and awareness of the safety requirements for riding on the road. The importance of exercise and nutrition is also emphasized.

#### Earn-A-Bike Program Coordinator

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*Empowering youth and families to build positive and fulfilling lives.* 



Danbury Youth Services, Inc. Strengthening Youth and Families



# Earn-A-Bike

## Earn-A-Bike

### Program will focus on:

Communication Skills Decision Making Risks & Choices Coping Skills Problem Solving Individuality Self-Esteem Responsibility Community Involvement

**Registration** for the 2024 Earn-A-Bike Spring session is now open

for students in **6th—8th grade** Sessions begin February 12th, 2024

Earn-A-Bike will meet Mondays and Wednesdays 4:30 to 6:30 pm

> And Fridays 4:00 to 6:00 pm

at Danbury Youth Services 91 West Street in Danbury

Return registration form to DYS no later than February 5th.

# Youth Will Learn To:

Listen to others Trust their opinions & choices Be positive Build confidence Make healthy & safe decisions Accomplish goals Work with a team Mechanical bike knowledge Road safety Knowledge of the community Use a traditional map



At the end of the program the participants will have earned a bike that they refurbished on their own along with the knowledge of how to ride safely. Participants can use their own bike or one provided by DYS donors.

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Parti	cipant Information
Name:	
	Grade:
School:	
	Guardian Information
Name:	
Address:	
	:
Email Addres	S:
Emergen	cy Contact Information
Name:	
Phone Numb	

Relationship:

#### By signing below I agree that:

- I give permission for chaperones, administrators, and personnel affiliated with Danbury Youth Services, Inc. to seek medical attention for my child should he/she become injured. I hereby release chaperones, administrators personnel, Danbury Youth Services, Inc and their agencies, commissioners, representatives and employees from all claims with respect to any injury sustained by my child as a result of participation in any program sponsored by Danbury Youth Services, Inc.
- I authorize Danbury Youth Services, Inc.
  I authorize Danbury Youth Services, Inc. to use photographs taken of my child/youth during program time and on field trips. I grant permission for these photographs to be used in promoting the work of Danbury Youth Services, Inc. I further authorize permission for the media (newspaper, television, radio) to interview my child and use his/her name if the media publishes an article or conducts an interview concerning any program sponsored by Danbury Youth Services, Inc.
- I give permission for my child to attend any field trips to various local points of interest in Danbury, CT. This will be allowed throughout Danbury Youth Services Programs. These trips will be under the supervision of Danbury Youth Services staff members.

Parent/Guardian Signature: Date: